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# LAKE SIDE

## COUNSELING ASSOCIATES, LLC

[www.lakesidecounselingassociates.com](http://www.lakesidecounselingassociates.com)

9 Fishers Lane, Suite E, Sparta, NJ 07871 ~ Phone: 973.726.4533 Ext. 1 Fax: 973.726.0617  
351 Sparta Ave., Suite 102, Sparta, NJ 07871  
30 Moran St., 2<sup>nd</sup> Floor, Newton, NJ 07860 ~ Phone: 973.726.4533 Ext. 2 Fax: 973.862.6048

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### Patient Information:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

SSN: \_\_\_\_\_ Sex: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Marital Status: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### Responsible Party Information: (If different from above)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

### Insurance Information: Birthdate and SSN# are required for Insurance Purposes

Primary Insurance Company: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ SSN#: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_ ID#: \_\_\_\_\_ Group Number#: \_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_

Subscriber Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ SSN#: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_ ID#: \_\_\_\_\_ Group Number#: \_\_\_\_\_

**\*\*\*You are responsible for providing correct and complete INSURANCE Information\*\*\***

The undersigned hereby authorizes the release of any information relating to all claims for benefits submitted on behalf of myself and/or dependents. I further expressly agree and acknowledge that my signature on this document authorizes Lakeside Counseling Associates, LLC to submit claims for benefits for services rendered or for services to be rendered, without obtaining my signature on each and every claim to be submitted for myself and/or dependents, and that I will be bound by this signature as though the undersigned had personally signed the particular claim:

I \_\_\_\_\_ hereby authorize \_\_\_\_\_ to pay and hereby assign directly to  
(Name of Insured) (Name of Insurance Company)

Lakeside Counseling Associates, LLC all benefits, if any otherwise payable to me for his/her services as described on the attached forms. I understand I am financially responsible for all charges incurred. I further acknowledge that any insurance benefits, when received by and paid to Lakeside Counseling Associates, LLC will be credited to my account, in accordance with the above said assignment.

\_\_\_\_\_  
(Authorized Signature of Subscriber)

\_\_\_\_\_  
(Date)

Welcome to our office. We are committed to providing you with the best possible care. In order to achieve that goal, your understanding of our office policies is essential. Please read this carefully and sign at the bottom of the page.

Your signature indicates that you have read and understood the following:

1. **Co-payment** – It must be paid before you see your provider. If you arrive for your visit without your co-payment, you will be asked to reschedule.
2. **Referrals** – If your insurance company requires that you have a current referral to see us, you must obtain one prior to your visit.
3. **Patient Balances** – These must be paid before or at the time of your next appointment unless otherwise arranged in advance.
4. **Returned Checks** – You will be responsible for the original amount of your check plus an additional charge of a \$30.00 bank fee.
5. **Missed Appointments** – We require a **48-hour notice** if you are unable to keep your appointment. **There is a \$50.00** fee for missed appointments and late cancellations.
6. **Coverage** – Your insurance is a contract between you and your insurance company. We are not a party to that contract. You must familiarize yourself with the details of your coverage as we cannot research your policy at the time of your visit.
7. **Non-Covered Services** – Not all services are covered benefits in all contracts. In such cases, you will be required to pay the full amount at the time of your visit.
8. **Lateness** – If you arrive after your scheduled appointment time, you may be asked to reschedule. This is at the discretion of your provider. **A late cancellation fee of \$50.00 will apply.**

**I have read this information sheet and agree to abide by the policies of this practice.**

---

Signature

Date

---

Print Name

**FINANCIAL POLICY**

I understand that my insurance carrier may require an authorization number, precertification or referral. Without this documentation, I understand that they may deny benefits. Covered medical services which I receive will be submitted to my insurance company based on the information that I have provided. Services considered non-covered in nature will be my responsibility and must be paid for at the time of service.

If my insurance carrier denies payment for services rendered, I agree to be financially responsible.

I request that payment of authorization health insurance benefits or Medicare benefits be made to Lakeside Counseling Associates, LLC for any services provided to me. Medical services that I receive will be sent to my insurance company based on the information that I have provided. If payment has not been received within 60 days from the date of service, or due to incorrect insurance information, the charges become my responsibility and will be due in full at that time. I realize that I am responsible for unpaid services. I also understand that any insurance payments that are made directly to me will be remitted to Lakeside Counseling Associates, LLC upon receipt. Failure to do so will result in an immediate billing for the full amount of the services provided subject to the same financial policy outlined herein.

In the event this account becomes delinquent you agree to pay for all costs of collection, including, but not limited to, attorney fees, court costs and collection agency charges.

**WE MUST EMPHASIZE THAT AS MEDICAL CARE PROVIDERS, OUR RELATIONSHIPS WITH YOU, NOT YOUR INSURANCE COMPANY.**

I have read and understand the financial policy of this practice, and I agree to be bound by its terms.

Patient/Responsible Party:

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Signature \_\_\_\_\_ Date \_\_\_\_\_

---

Print Name \_\_\_\_\_

Dear Client,

This letter is to reiterate to you the office's policy regarding last minute cancellation (LMC) and no-show (NS) fees. **The fee for this policy is \$50.00 for each LMC and NS.** Any appointment canceled less than 48 hours from your appointment time is considered a LMC. If you know in advance that you will not be able to attend your appointment, please call the office at least 48 hours before your appointment time. If no one is here to answer your call, you may leave a message on the answering machine. If when calling, the answering machine does not come on, this means all of the lines are busy, and you should hang up and try to call back after a few minutes have passed.

The intention of this policy is to ensure that we have ample time to schedule other clients in your appointment time, if you are unable to attend. Often, there is a waiting list of clients that need an appointment, and it is difficult to schedule someone else in your time slot without sufficient notice. If you are not able to give 48 hours' notice under any circumstances, including emergencies, please be aware that this fee will still apply. This fee is not intended to be a consequence to you. The intention of this fee is to ensure that our providers will be compensated for the time spent in the office while not seeing a client.

You are required to pay the full fee prior to your next appointment. If you are unable to pay your fee in full, you may set up a payment plan with your provider. Please note that a payment towards your balance is expected within a month of receiving your bill.

Thank you for your cooperation.

Regards,

Lakeside Counseling Associates, LLC

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Signature of Client

Date

---

Print Name

Date

# Lakeside Counseling Associates, LLC

## New Client Information Form

Today's Date: \_\_\_\_\_

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex: M F Other

### BASIC INFORMATION

Briefly describe the most important problem in your life that you want our help with:

\_\_\_\_\_

How long has this been a problem? \_\_\_\_\_

How do you think our services can be most helpful to you? \_\_\_\_\_

\_\_\_\_\_

### FAMILY INFORMATION

Ethnic/cultural group with which you identify: \_\_\_\_\_

Father's name: \_\_\_\_\_ age: \_\_\_\_\_ living \_\_\_\_\_ deceased \_\_\_\_\_

Mother's name: \_\_\_\_\_ age: \_\_\_\_\_ living \_\_\_\_\_ deceased \_\_\_\_\_

Please list brothers and sisters \_\_\_\_\_

\_\_\_\_\_

### MARITAL AND CHILD INFORMATION

Current marital status:  single  married/together  separated  intimate partnership

divorced  widowed

Who lives in your home with you? \_\_\_\_\_

\_\_\_\_\_

### SEXUAL ORIENTATION INFORMATION

How would you describe your sexual orientation?

Heterosexual  Bisexual  Homosexual  Other  Would rather not say

Do you have any concerns about your sexual orientation or about sexual matters?

No  Yes

Describe: \_\_\_\_\_

**EDUCATIONAL INFORMATION**

Are you in school now? \_\_\_\_\_ No \_\_\_\_\_ Yes Where? \_\_\_\_\_

Grade: \_\_\_\_\_

If not in school now:

Highest grade completed: \_\_\_\_\_ Last school attended: \_\_\_\_\_

\_\_\_\_\_ Regular classes \_\_\_\_\_ Special education classes \_\_\_\_\_ Advanced or gifted classes

\_\_\_\_\_ Child study team/Classification

Academically, how did you do in school? \_\_\_\_\_

**ABUSE HISTORY**

Have you ever been abused? \_\_\_\_\_ No \_\_\_\_\_ Yes In the \_\_\_\_\_ past \_\_\_\_\_ present \_\_\_\_\_ both

Was the abuse: \_\_\_\_\_ physical abuse \_\_\_\_\_ emotional abuse \_\_\_\_\_ sexual abuse

What information can you tell us about the abuse? \_\_\_\_\_

Would you like to address the abuse with us \_\_\_\_\_ No \_\_\_\_\_ Yes

**WORK INFORMATION**

Are you working now? \_\_\_\_\_ No \_\_\_\_\_ Yes Where? \_\_\_\_\_

How long? \_\_\_\_\_ What do you do? \_\_\_\_\_

If not working, please describe the reasons: \_\_\_\_\_

**SPIRITUAL INFORMATION**

Do you have a spiritual affiliation? \_\_\_\_\_ No \_\_\_\_\_ Yes Describe \_\_\_\_\_

Would you like to address any spiritual or religious matters? \_\_\_\_\_ No \_\_\_\_\_ Yes  
Describe \_\_\_\_\_

**LEGAL INFORMATION**

Are you currently or have been in the past involved in any legal matters; such as lawsuits, civil actions, arrests, DWI's, had any charges or have a restraining order against you?

\_\_\_\_\_  
\_\_\_\_\_

**AGGRESSION/VIOLENCE HISTORY**

Have you ever been aggressive or violent with someone \_\_\_\_\_ No \_\_\_\_\_ Yes

Describe \_\_\_\_\_

\_\_\_\_\_

### **MENTAL HEALTH INFORMATION**

Have you ever been involved in treatment for an emotional, alcohol, drug or behavioral problem?

\_\_\_\_ No \_\_\_\_ Yes

Explain \_\_\_\_\_

What psychiatric medications are you currently taking? Who is prescribing your medications?

\_\_\_\_\_

\_\_\_\_\_

Do you have any medical issues? \_\_\_\_ No \_\_\_\_ Yes

Describe \_\_\_\_\_

### **SUBSTANCE ABUSE DATA**

Do you drink alcohol? \_\_\_\_ No \_\_\_\_ Yes

Do you use illegal drugs? \_\_\_\_ No \_\_\_\_ Yes

Do you abuse legal drugs? \_\_\_\_ No \_\_\_\_ Yes

Have you ever had a problem with drugs and alcohol? \_\_\_\_ No \_\_\_\_ Yes

\_\_\_\_\_

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### Consent Form

I, \_\_\_\_\_, consent to receive  
(Client name)

treatment from Lakeside Counseling Associates, LLC. I understand that my records are held in confidence and will not be released to any party unless Lakeside Counseling Associates, LLC first receives my written permission.

**I have read this form in its entirety, and I certify that I understand and consent to its contents.**

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**Signature**

**Date**

---

**Print Name**

**Date**

### Consent Form for Minors

I, \_\_\_\_\_, am the parent or legal  
(Client's Parent/Guardian's Name)

Guardian of the patient \_\_\_\_\_.  
(Patient's Name)

I consent and authorize treatment from Lakeside Counseling Associates, LLC. I understand that my records are held in confidence and will not be released to any party unless Lakeside Counseling Associates, LLC first receives my written permission.

**I have read this form in its entirety, and I certify that I understand and consent to its contents.**

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**Signature of Adult**

**Date**

---

**Printed Name to Minor**

**Date**



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### **Client Email/Texting Informed Consent Form**

#### **Risk of using email/texting**

The transmission of client information by email and/or texting has a number of risks that clients should consider prior to the use of email and/or texting. These include, but are not limited to, the following risks:

1. Email and texts can be circulated, forwarded, stored electronically and on paper, and broadcast to unintended recipients.
2. Email and text senders can easily misaddress an email or text and send the information to an undesired recipient.
3. Backup copies of emails and texts may exist even after the sender and/or the recipient has deleted his or her copy.
4. Employers and on-line services have a right to inspect emails sent through their company systems.
5. Emails and texts can be intercepted, altered forwarded or used without authorization or detection.
6. Email and text can be used as evidence in court.
7. Emails and texts may not be secure and therefore it is possible that the confidentiality of such communications may be breached by a third party.

#### **Conditions for the use of email and texts**

Therapists cannot guarantee but will use reasonable means to maintain security and confidentiality of email and text information sent and received. Therapist is not liable for improper disclosure of confidential information that is not caused by Therapist's intentional misconduct. Clients/Parent's/Legal Guardians must acknowledge and consent to the following conditions:

1. Email and texting is not appropriate for urgent or emergency situations. Provider cannot guarantee that any particular email and/or text will be read and responded to within any particular period of time.
2. Email and texts should be concise. The client/parent/legal guardian should call and/or schedule an appointment to discuss complex and/or sensitive situations.
3. All email will usually be printed and filed into the client's medical record. Texts may be printed and filed as well.

4. Provider will not forward client's/parent's/legal guardian's identifiable emails and/or texts without the client's/parent's/legal guardian's written consent, except as authorized by law.
5. Clients/parents/legal guardians should not use email or texts for communication of sensitive medical information.
6. Provider is not liable for breaches of confidentiality caused by the client or any third party.
7. It is the client's/parent's/legal guardian's responsibility to follow up and/or schedule an appointment if warranted.
8. It is the policy of this practice to not accept requests for contact (friending etc.) from current or former patients on LinkedIn, Facebook, Instagram, Snapchat or other social media.

**Client Acknowledgement and Agreement**

I acknowledge that I have read and fully understand this consent form. I understand the risks associated with the communication of email and/or texts between my therapist and me, and consent to the conditions and instructions outlined, as well as any other instructions that my Therapist may impose to communicate with me by email or text.

Client name: \_\_\_\_\_  
Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Legal Guardian name: \_\_\_\_\_  
Parent/Legal Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### **CONFIRMATION OF RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES**

Your signature below confirms that you have been offered (and given a copy unless chosen not to receive) a copy of the Notice of Privacy Practices, explaining your rights regarding your medical records under HIPAA (Health Information Portability Act). Please feel free to inquire of us any questions you may have regarding these rights.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient Name

**Telemental Health Informed Consent**

I \_\_\_\_\_, (name of client) hereby consent to participate in telemental health with \_\_\_\_\_, (name of provider) as part of my psychotherapy. I understand that telemental health is the practice of delivering clinical health care services via technology assisted media or other electronic means between a practitioner and a client who are located in two different locations.

I understand the following with respect to telemental health.

1. Telehealth by Doxy.me is the technology service we will use to conduct telehealth video conferencing appointments. It is simple to use and there are no passwords required to log in.
2. I understand that I have the right to withdraw consent at any time without affecting my right to future care, services, or program benefits to which I would otherwise be entitled.
3. I understand that telehealth has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.
4. I understand that there are risks and consequences associated with telemental health, including but not limited to, disruption of transmission by technology failures, interruption and or breaches of confidentiality by unauthorized persons, and or limited ability to respond to emergencies.
5. I understand that there will be no recording of any of the online sessions by either party. All information disclosed within sessions and written records pertaining to those sessions are confidential and may not be disclosed to anyone without written authorization, except where the disclosure is permitted and or required by law.
6. I understand that the privacy laws that protect the confidentiality of my protected health information (PHI) also apply to telemental health unless an exception to confidentiality applies (i.e. mandatory reporting of child, elder, or vulnerable adult abuse; danger to self or others; I raise mental emotional health as an issue is a legal proceeding)
7. I understand that if I am having suicidal or homicidal thoughts, actively experiencing psychotic symptoms, or experiencing a mental health crisis, that cannot be resolved remotely, it may be determined that telemental health services are not appropriate and a higher level of care is required.
8. I understand that during the telemental health sessions we could encounter technical difficulties, resulting in service interruptions. If this occurs, end and restart the session. If we are unable to reconnect within ten minutes, please call me on the cell number I provided you to discuss since we may have to re-schedule.
9. I understand that my therapist may need to contact the appropriate authorities in case of an emergency.

**Emergency protocols**

I need to know your location in case of an emergency. You agree to inform me of the address where you are at the beginning of each session.

Incase of an emergency my location is:

\_\_\_\_\_

\_\_\_\_\_  
Signature of client/parent/guardian

\_\_\_\_\_  
Date